

College Café Specials – Lake Worth

November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Fried Chicken Mashed Potatoes Gravy Steamed Vegetable	3 BBQ Ribs Macaroni and Cheese Baked Beans	4 Bourbon Chicken Rice Egg Roll	5 Broiled Tilapia Rice Pilaf Steamed Vegetables	6	7
8	9 Chicken Parmesan Pasta Marinara Garlic Roll	10 Beef Burrito Rice Refried Beans	11 Holiday	12 Stuffed Chicken with Broccoli and Cheese Rice Pilaf Steamed Vegetables	13	14
15	16 Chicken Cordon Blue Rice Pilaf Steamed Vegetable	17 Masa De Puerco Rice & Black Beans Plantains	18 Salsa Chicken Refried Beans Rice	19 Salisbury Steak Mashed Potatoes Steamed Vegetables	20	21
22	23 Sweet & Sour Chicken Fried Rice Vegetable Egg Roll	24 Italian Meatballs Penne Pasta Marinara Sauce Garlic Roll	25 Chicken Pesto Pasta Green Beans	26 Holiday	27	28
29	30 Country Fry Steak Mashed Potatoes Steamed Vegetable					